

# Healthier Vending Beverages Options



## BOTTLED WATER

*Any bottled water with no added caloric sweeteners*

**Smart Water**  
**Evian**  
**Poland Springs**  
**Fiji**  
**Perrier**  
**Volvic**  
**Deer Park**  
**Arrowhead Water**  
**Vittel**  
**Ayala's Herbal Water**



## SELTZER AND FLAVORED WATER

**Seagrams' Seltzer** (all flavors)  
**Amelia Sparkling Water** (all flavors)  
**Polar Seltzer** (all flavors)  
**Dasani Flavored Waters** (all flavors)  
**Aquafina FlavorSplash** (all flavors)  
**Vitamin Water Zero** (all flavors)

## 100% FRUIT JUICE

*Any 12 ounce 100% juice (look at % juice on food label)*

**Tropicana** (all 100% juice)  
**Ocean Spray** (all 100% juice)  
**Minute Maid** (all 100% juice)  
**Veryfine** (all 100% juice)  
**Welch's** (all 100% juice)  
**Juicy Juice** (all 100% juice)  
**Motts Apple Juice**



## 100% VEGETABLE JUICE

**V-8 Low-Sodium 100% Vegetable Juice** (11.5 oz.)  
**Campbell's Low-Sodium Tomato Juice** (11.5 oz.)

## FAT-FREE & 1% LOW-FAT MILK & SOY MILK

*Any unflavored or flavored fat-free or 1% lowfat milk with less than 200 calories per container*

**Garelick Farms TruMoo Fat-free**, up to 12 oz.  
(Chocolate, Coffee, Strawberry, and Vanilla)  
**Nesquik No Sugar Added Chocolate Low-fat  
and Low-fat Chocolate** (8 oz.)  
**Silk Soymilk Very Vanilla and Chocolate** (8 oz.)  
**Soy Dream Soymilk Enriched, Chocolate Enriched,  
Vanilla Enriched** (8 oz.)



# Juice Drinks, Teas, Sports Drinks and Low-Calorie Soda

*Drinks that contain 40 calories or less per container. Below is a short sampling of the many beverages available*

## **Juices**

Country Time Light Lemonade

Sunkist Diet Sparkling Lemonade

Tropicana (Light Lemonade, Light Fruit Punch, and Light Berry Blend)

Hawaiian Punch Fruit Juicy Red Light

V8 Splash (Diet Berry Blend and Diet Tropical Blend)

Minute Maid Light Lemonade

Snapple (Diet Noni Berry and Diet Cranberry Raspberry)

SoBe (B-Energy Strawberry Apricot, Lean Fuji

Apple Cranberry, Lean Raspberry

Lemonade, and B-Energy Black Cherry Dragonfruit)

Ocean Spray (Diet Sparkling Cranberry, Diet

Blueberry, and Diet Cran-Pomegranate)

## **Teas**

Snapple (Diet Peach Tea, Diet Plum-a-Granate Tea, and Trop-A-Rocka Tea)

Nestea (Diet Sweetened Lemon Ice Tea and Diet Green Tea)

Brisk No Calorie Lemon Iced Tea

Lipton (White Tea with Raspberry, Diet Green Tea with Watermelon, and Green Tea with Mixed Berry)

## **Hot Coffee & Tea**

Unsweetened coffee and tea, if condiments are provided milk/creamer must contain less fat than cream, like whole or 2% milk

## **Sports Drinks**

Propel Zero (all flavors)

Gatorade G2 (all flavors)

Powerade Zero (all flavors)



## **Low-Calorie Soda**

Diet Coke (also Lime and Vanilla)

Coke Zero

Sprite Zero

Fresca

Diet Mellow Yellow

Diet Dr. Pepper (also Cherry Vanilla)

Dr. Pepper 10

Diet Sunkist

Diet 7-Up

Diet Pepsi (also Lime, Vanilla, and Wild Cherry)

Pepsi Max

Diet Sierra Mist (also Cranberry Splash and

Ruby Splash)

Diet Mug Root Beer

Diet Mug Cream Soda

Diet Mountain Dew (also Code Red)

Diet A&W Rootbeer

